

## Our Services

When you are in our MAT Program you will receive comprehensive treatment to aid in your recovery. You will have weekly meetings with your therapist to focus on what your personal goals are and how those can be achieved. You will also participate in group therapy sessions where you and your peers will discuss topics like stress management, goal setting, boundaries, self-esteem and so much more. Before getting your regular medication you will be seen by a doctor at our facility where you can express any needs or concerns you have with your current health in regards to your recovery. In addition to all these services you will also meet with a case specialist who will actively help you work towards your goals that you established in your therapy sessions and a Peer Specialist who will provide mentoring as a role model for recovery. He/she is someone with personal experience, is further along in recovery and has walked a similar path you are embarking on.

## Our Team

### Therapist

Your therapist will help you identify what your personal goals are, how you can combat your frequent triggers, how to handle every day stressors, will teach you thought stopping techniques and so many more tools to help you maintain your sobriety.

### Case Specialist

A Case Specialist is someone who has specialized training to help you through the recovery process by helping you to find ways to reach your personalized goals.

### Peer Specialist

A Peer Specialist is a unique role that has recently been added to the MAT team. A Peer Specialist's job is to walk alongside you in your recovery as they share their own recovery story and victories with you. They will advocate for you, educate you on resources, and share their own lived experiences with addiction and sobriety.

### Medical Doctor

You will routinely see our on site Medical Doctor where they will take your vital signs and give you the opportunity to express any medication concerns you may have.

## Medications

We offer two medications to assist clients in their sobriety.

**Subutex** is a daily, sublingual medication used to treat opioid addiction. It is an opioid antagonist, and helps prevent withdrawal symptoms caused by stopping other opioids.

**Vivitrol** is a non-addictive, non-narcotic, once a month injection that is used to help reduce alcohol and opioid dependency when used correctly.

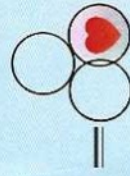


## Our Mission

The MAT Program is dedicated to helping those in our community who desire to come out of the addicted lifestyle into a more rewarding and stable way of life. We provide services such as individual and group therapy, prescribed medication, doctor visits and a multitude of techniques to maintain sobriety. Our team is passionate about assisting clients with developing their new way of life and ways to combat every day stressors without needing to go back to their substance of choice.

## Our Philosophy

Our MAT team believes that every client is capable of sobriety and the ability to change lifelong habits. We believe in focusing on every client's strengths, passions and natural abilities to foster a newfound confidence and independence in themselves. Our program strives to enhance a client's interpersonal relationships, their emotional awareness and their ability to maintain control of their thoughts and actions.



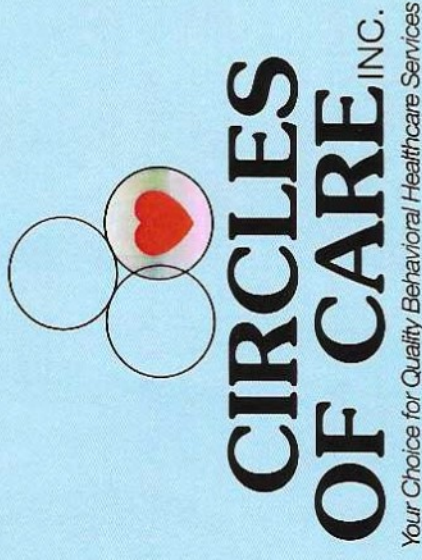
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# Medication Assisted Treatment (MAT) Program

Assisting people with recovery from alcohol  
and chemical dependency through the  
use of two medication options, cognitive  
behavior therapy and peer support.

